

## What are Stem Cells?

Stem cells can be classified into four broad types based on their origin: stem cells from embryos, stem cells from the fetus, stem cells from the umbilical cord, and stem cells from the adult. The term "Stem cell" was founded by William Sedgwick back in the late 1800 while he was researching the regenerative properties of plants. And since the first discovery many years ago, studies have been conducted with stem cells, and researchers have been working to address both oral and systemic health problems with their use.

When regular cells replicate, they create more of their own type of cell. For instance, when a bone cell replicates it can only make more of the same bone cells. On the other hand, when stem cells replicate, they can become either bone cells, or muscle cells, or brain cells, etc. They can differentiate and become any type of cell in the human body. That is why stem cells are unique. No other cell in the body has the natural ability to generate new cell types. With this ability, stem cells can be used for regeneration in any area of the body that has been damaged, including the oral cavity.

Researchers are now examining dental stem cells retrieved from dental tissues and the role they can potentially play in regenerative dentistry and other areas of the body. Dental stem cells would fall under the category of stem cells from the adult, and they come from several different regions of the periodontium and inside the tooth. Dental stem cells use is relatively new and has emerged as a promising new approach for therapeutic purposes to treat dental and non-dental diseases.

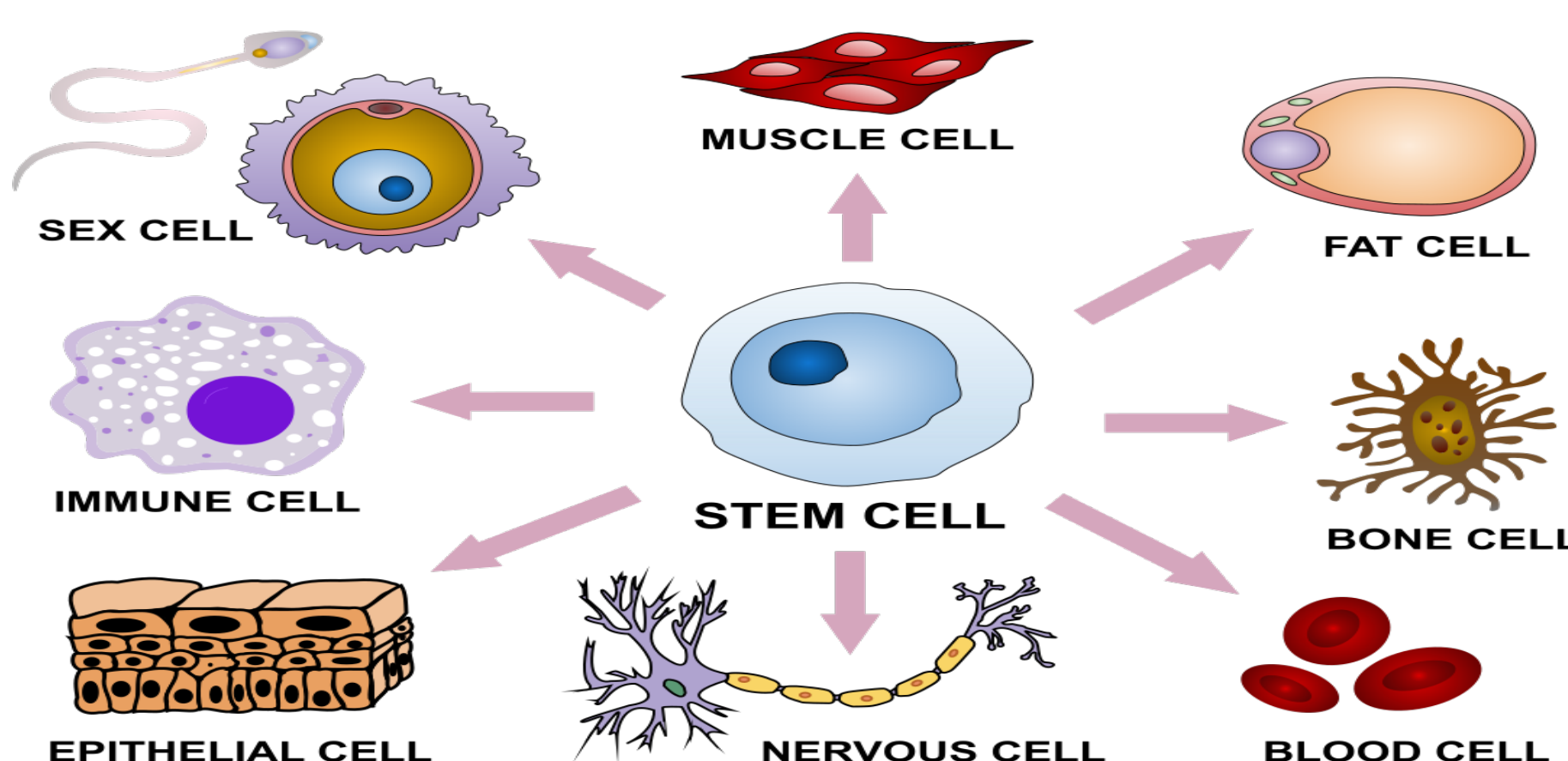


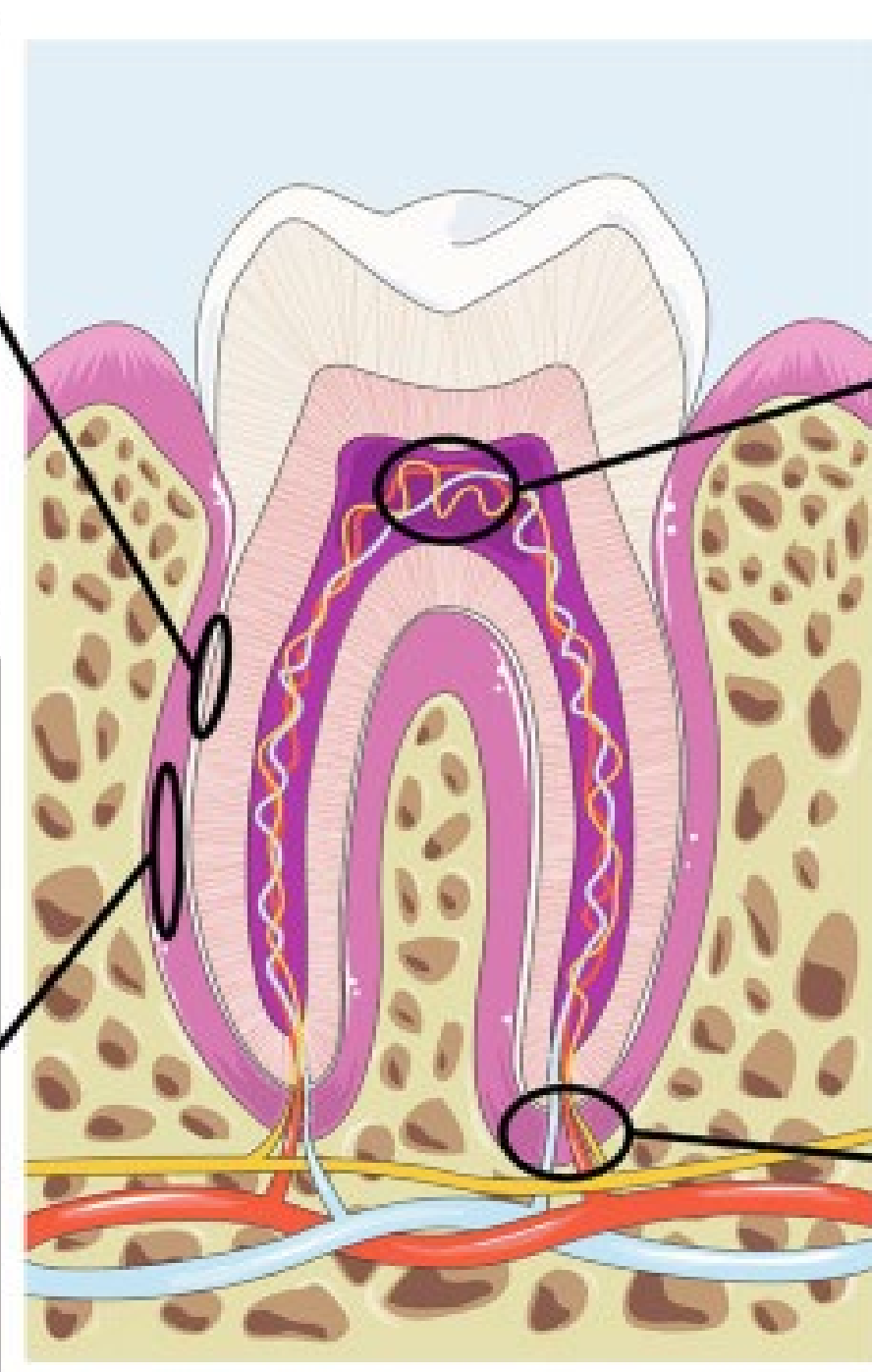
Figure 3

## Advantages

- Dental stem cells have the ability to regenerate tissues in the oral cavity and tissues throughout the body (Majeski, J. 2009, p. 25).
- Patients will have the ability to freeze their own dental stem cells through cryopreservation and store them at a bank for future use.
- After cryopreservation, dental stem cells showed a high vitality and proliferation rate (Awais, S., Balouch, S. S., & Irum, S., 2021, p. 1).
- Using your own dental stem cells eliminates the risk for infection and the need for anti-rejection drugs (Majeski, J. 2009, p. 25).
- Dental stem cells are retrieved from adults therefore, they do not require the destruction of an embryo (Majeski, J. 2009, p. 25).
- Dental stem cells have the ability to replace damaged cells by proliferation.
- Dental stem cells could prove to be a valuable source in the treatment of several degenerative diseases such as Parkinson's disease, Alzheimer's disease, Myocardial Infarctions in addition to those that directly affect the oral cavity (Majeski, J. 2009, p. 25).
- Obtaining these cells is a relatively simple process. It can be done either by extracting deciduous or permanent teeth (Awais, S., Balouch, S. S., & Irum, S., 2021, p. 1).
- The tooth pulp is easily accessible for research purposes, whether it is dead or alive (Awais, S., Balouch, S. S., & Irum, S., 2021, p. 1).
- Patients can have access to their dental stem cells throughout the course of their lives (Awais, S., Balouch, S. S., & Irum, S., 2021, p. 1).

### Dental Follicle Stem Cells (DFSCs)

| Staminal Markers | Cell Surface Markers | Neural Markers |
|------------------|----------------------|----------------|
| OCT4             | CD44/CD90            | Nestin         |
| SOX2             | HLA-ABC              | β-III-tubulin  |
|                  | Stro-1               | p75            |
|                  |                      | GFAP           |



### Dental Pulp (DPSCs & SHED)

| Staminal Markers | Cell Surface Markers     | Neural Markers |
|------------------|--------------------------|----------------|
| OCT3/4           | CD13                     | Nestin         |
| NANOG            | CD29                     | β-III-tubulin  |
| SSEA4            | CD44                     | Synaptophysin  |
|                  | CD146                    | S100           |
|                  | TNF receptor superfamily | GFAP           |
|                  | IL-receptors             |                |

### Periodontal Ligament Stem cells (PDLSCs)

| Staminal Markers | Cell Surface Markers | Neural Markers |
|------------------|----------------------|----------------|
| OCT3/4           | CD105                | NG2            |
| NANOG            | CD90                 |                |
| SSEA4            | CD73                 |                |
|                  | CD146                |                |
|                  | Stro-1               |                |
|                  | CD44                 |                |

### Stem Cells from Apical Papilla (SCAP)

| Staminal Markers | Cell Surface Markers | Neural Markers |
|------------------|----------------------|----------------|
| OCT3/4           | Stro-1               | Nestin         |
| NANOG            | CD146                | GFAP           |
| SSEA4            | CD24                 |                |

Figure 1

## Types of Dental Stem Cells

- **SHED- Stem Cells from Exfoliated Deciduous Teeth**  
Potential cell sources in clinical applications such as dental regeneration, bone regeneration, intractable pediatric surgical diseases, liver failure, neural regeneration, and the revascularization for therapeutic applications (Lei, T., Zhang, X., & Du, H., 2021, p. 4).
- **PDLCS- Periodontal Ligament Cells**  
Natural periodontal regeneration material in orthodontic tooth movement (Lei, T., Zhang, X., & Du, H., 2021, p. 4).
- **DFCS- Dental Follicle Cells**  
Demonstrate the ability to differentiate multiple lineages, such as osteoblastic/cemento-blastic and neural lineages (Lei, T., Zhang, X., & Du, H., 2021, p. 5).
- **SCAP- Stem Cells from the Apical Papilla**  
Show immunosuppressive properties, which expand the application of SCAP in regeneration medicine, including immunotherapy and the repair of multiple tissues (such as teeth, bone, nerve, and vascular tissue) (Lei, T., Zhang, X., & Du, H., 2021, p. 4).
- **DPSCs- Dental Pulp Stem Cells**  
Used for dentin regeneration, treatment of retinal degeneration, spinal cord injuries, Parkinson's disease, Alzheimer's disease, cerebral ischemia, myocardial infarction, muscular dystrophy, diabetes, and immune diseases (Lei, T., Zhang, X., & Du, H., 2021, p. 1).
- **GMSCs- Gingiva Derived Mesenchymal Cells**  
Mesenchymal stem cells that reside in human gingival tissues. (Lei, T., Zhang, X., & Du, H., 2021, p. 5).
- **TGPCS- Tooth Germ Progenitor Cells**  
Differentiate into muscle, cartilage, fat, nerve, bone, and tooth, and it is an alternative material in regenerative medicine (Lei, T., Zhang, X., & Du, H., 2021, p. 5).
- **ABMSCs- Alveolar Bone-Derived Mesenchymal Cells**  
Viable cell source for treating inflammation. (Lei, T., Zhang, X., & Du, H., 2021, p. 5).

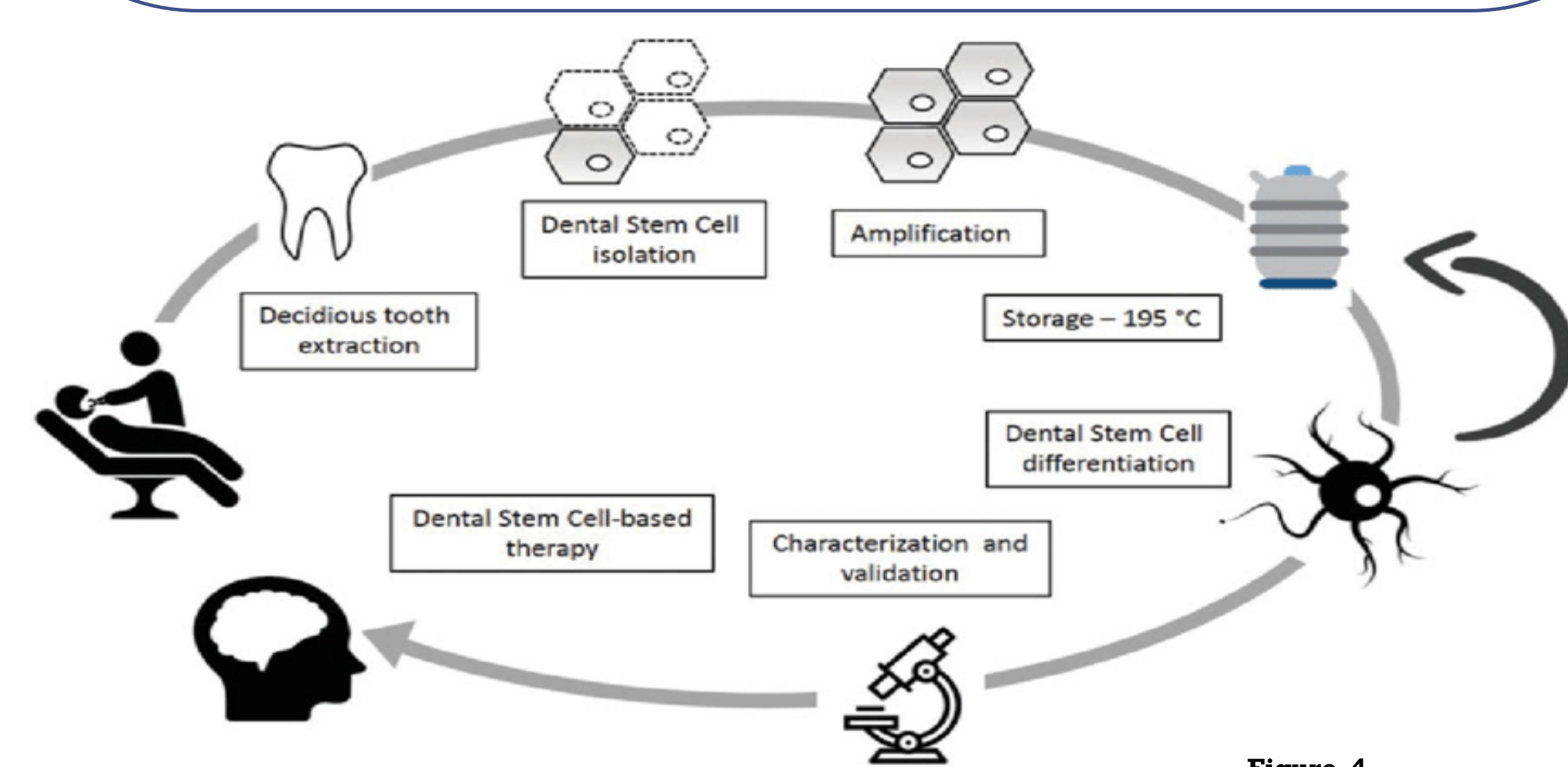
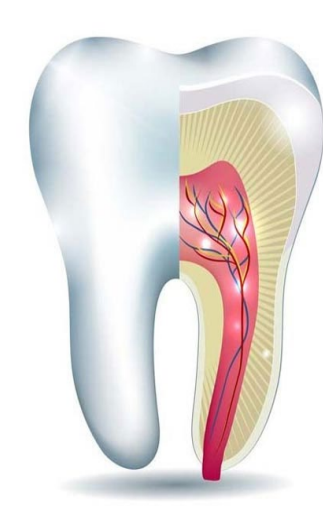


Figure 4

## Clinical Applications

### Dental Stem Cell Uses in the oral cavity:

- Dental Pulp Regeneration
- Periodontal Disease
- Root Canal Therapy
- Endodontic Disease
- Alveolar Bone Atrophy
- Whole Tooth Regeneration



### Dental Stem Cell Potential to Treat Non-Dental Related Diseases:

- Bone Defects
- Neural and Skin injuries
- Parkinson's Disease
- Ischemia
- Alzheimer's Disease
- Myocardial Infarction
- Muscular Dystrophy

## Looking to the Future

Many clinical trials are being conducted worldwide using dental stem cells. Outside of the U.S., several clinical trials have been completed. A study performed in Japan led to the formation of a fully developed tooth from dental stem cells in mice. The ability of the implant and bone to form an attachment was discovered by this clinical therapy (Majeski 2009, p. 26). Based on the results of the clinical trials that have already been performed, dental stem cells have shown exceptional capabilities. Research has indicated that pulp regeneration can be achieved, thus influencing the direction of endodontics in the near future (Majeski 2009, p. 26). Having a wide range of possible outcomes will expand the applications of dental stem cells in health care. There have been many clinical trials supporting the efficacy of dental stem cells since the discovery of stem cells in dental tissues. In the dental field, professionals have begun to recognize how important dental stem cells are, particularly when patients may require regenerative therapy in the future.

Teeth are a noninvasive source of stem cells, and right now, they are being discarded as medical waste. Dental stem cells are easy, convenient, and affordable to collect, hold promise for a range of very potential therapeutic applications. Although dental stem cell research and clinical utilizations are still in the initial stages, research strongly suggests its positive potential. These new sources of cells could be beneficial for cellular therapy and advancing the development of regenerative dentistry. In looking to the future of dentistry, dental stem cells will eventually play a significant role in restoring loss/and or damaged tissues.

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Figure 1: Bonaventura, G., Incontro, S., Iemmolo, R., La Cognata, V., Barbagallo, I., Costanzo, E., Barcellona, M. L., Pellitteri, R., & Cavallaro, S. (2019, November 27). Dental mesenchymal stem cells and neuro-regeneration: A focus on apical root injury. *Cell and Tissue Research*. <https://doi.org/10.1007/s00441-019-03109-4>

Figure 2: Lee, S.-M., Zhang, Q., & Le, A. D. (2014, January 30). Dental stem CELLS: Sources and potential applications. *Current Oral Health Reports*. <https://doi.org/10.1007/s40496-014-0012-8>

Figure 3: Foothills. (2020, January 20). Stem cells for joint pain. *Foothills Orthopedic & Sport Therapy*. <https://www.foothillstherapy.com/2020/01/20/stem-cells-for-joint-pain/>

Figure 4: Hirtz, C. (2019). Dental stem cells as a promising source for cell therapies in neurological diseases. <https://doi.org/10.1080/10408363.2019.1571478>

Figure 2